



THE LBD DIGEST

Norman Fixel Institute for Neurological Diseases at UF Health

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Understanding Clinical Research, Part 2 – Types of research

As you decide whether a study is right for you, it can help to know some common types of research conducted as part of the UF LBD Life Lab. Almost all research is categorized as either interventional or observational.

- **Interventional research:** Participants enrolled help researchers test different interventions/treatments like a drug, activity, medical device or procedure. This type of research is also called a “clinical trial.”
- **Observational research:** Researchers “observe” people with diseases using questionnaires and other tests, often over time (months-years). In this type of research, the study does not test whether potential treatments/interventions are helpful. Instead, this type of research usually is trying to learn more about a disease and/or how it changes over time.
- **Qualitative research:** Qualitative research aims to understand a person’s experiences. The most common types of qualitative research are interviews and focus groups. These are usually audio recorded and then transcribed. Researchers then look for similarities between what different people say.

There are often opportunities for both people living with Lewy and caregivers to participate in research. Visit the UF LBD Life Lab website for current research opportunities: <https://lbd.neurology.ufl.edu/>

Research Corner

Identifying Factors Predicting Accurately End-of-Life in Dementia with Lewy Bodies and Promoting Quality End-of-Life Experiences: the PACE-DLB Study: Study recruiting people with moderate to severe dementia with Lewy bodies (DLB). The person with DLB and their caregiver must participate together. Find more information here: <https://ufhealth.org/research-study/pace-dlb>. Call 352-733-3004 or email PACE-DLB@neurology.ufl.edu for more information.

Multi-Stakeholder Engagement for Interdisciplinary Telehealth in Lewy Body Dementia: Study recruiting people with mild to moderate Lewy body dementia (LBD). The person with DLB and their caregiver must participate together. Find more information here: <https://lbd.neurology.ufl.edu/tele-lbd/>. Call 352-733-2419 or email noheli.bedenfield@neurology.ufl.edu for more information.

Characterizing FLUctuating Cognition EXperiences in Lewy Body Dementias to Improve Care and Research: Study recruiting people with LBD who experience fluctuations. The person with LBD and their caregiver must participate together. Find more information here: <https://lbd.neurology.ufl.edu/flux-lbd/>. Call 352-448-8111 or email Tracy.Tholanikunnel@neurology.ufl.edu for more information.

Lewy Body Dementia Conference

Presented by the Lewy Body Dementia
Research Centers of Excellence of Florida

When: Friday, April 14, 2023 from 8:30AM – 5PM

Where: DoubleTree by Hilton Hotel, 100 Fairway Drive, Deerfield Beach, FL, 33441

Join us as we, along with the University of Miami and Mayo Clinic Jacksonville, present an opportunity to learn more about LBD from experts from across the state. This free conference will be an opportunity to learn from community speakers, enjoy a free lunch, a kickboxing demonstration and choral song.

Registration is required and can be completed by visiting <http://bit.ly/3DNdV6f>.

CONTACT US



To contact your UF Health Lewy Body Dementia Support Team call (352) 733-2419 or email us at DLB-support@neurology.ufl.edu.



Are you a caregiver in need of support?

Join our monthly Virtual Lewy Body Dementia Caregiver Support Group!

- Every 4th Friday of the month from 2-3PM
- Connect by telephone:
 - Call the toll-free number
 - +1 (646) 558-8656
 - Input Meeting ID: 540-200-2903
- Connect online:
 - <https://uflphi.zoom.us/j/5402002903>

