Issue 7 | November 2021

# CEST.

### THE LBD DIGEST

Norman Fixel Institute for Neurological Diseases at UF Health

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#### **Elder Law: What to Look For**

Elder law includes three different areas: elder rights, estate planning and elder care planning. Elder law attorneys may not specialize in all three areas so it is important to look for attorneys who can meet your needs.

<u>Elder rights:</u> An elder law attorney can help if abuse, neglect or exploitation is involved. Elder abuse could be physical, emotional, financial or sexual abuse. Older adults are, unfortunately, likely targets for this mistreatment especially if there are memory problems. Financial abuse is becoming widespread so make sure you and your loved ones are protected.

**Estate planning:** An estate plan is extremely helpful early on so all parties can express their desires. Elder law attorneys are experts in creating Living Wills and Trusts. Many elder law attorneys state that a Durable Power of Attorney is the most important document of estate planning. It authorizes people to make financial decisions and it becomes effective as soon as it's signed so choose wisely.

<u>Elder care planning</u>: It is advised to draft these documents for the person living with Lewy body dementia (LBD) but also consider drafting care plans for caregivers, too. This tool helps families and providers tend to the needs and preferences set forth by the individual. Consider designating a Health Care Surrogate giving them the authority to make all health care decisions during incapacity.

You can contact the government funded Eldercare Locator (800-677-1116) where they can help you find an elder law attorney in your area.

Identifying Factors Predicting ACcurately End-of-Life in Dementia with Lewy Bodies and Promoting Quality End-of-Life Experiences: the PACE-DLB Study: Study recruiting people with moderate to severe dementia with Lewy bodies (DLB). The person with DLB and their caregiver must participate together. Find more information here: <a href="https://ufhealth.org/research-study/pace-dlb">https://ufhealth.org/research-study/pace-dlb</a>. Call 352-733-3004 or email PACE-DLB@neurology.ufl.edu for more information.

Research Corner

During National Caregiver Month we thank all of our LBD caregivers. Your efforts are appreciated.

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#### **Meet Our Team:**

Shannon Chiu, MD, MSc



Dr. Shannon Chiu received her bachelor's degree in Biology from Williams College, after which she studied at the University of Cambridge, U.K., where she obtained a M.Sc. degree in Experimental Psychology. She subsequently obtained her M.D. degree from New York University in 2014, where she also completed her Internal Medicine internship.

She completed her Neurology residency at Mayo Clinic Rochester in 2018, and her Movement Disorders Fellowship at the University of Florida in 2020. During fellowship, she was selected as a Smallwood Foundation fellow. Dr. Chiu's research interests include Lewy Body Dementia, Parkinson's disease, deep brain stimulation, and tremor.

#### **CONTACT US**



To contact your UF Health Lewy Body Dementia Support Team call (352) 733-2419 or email us at DLB-support@neurology.ufl.edu.





Nov./Dec. Support Group: Friday, Dec. 10



## Are you a caregiver in need of support?

Join our monthly Virtual Lewy Body Dementia

Caregiver Support Group!

- Every 4<sup>th</sup> Friday of the month from 2-3PM
- Connect by telephone:
  - Call the toll-free number
    - o +1 (646) 558-8656
  - Input Meeting ID: 540-200-2903
- Connect online:
  - https://uflphi.zoom.us/j/5402002903

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